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# Keeping Pets Healthy the Natural Way

## *Nutrition and Herbal Remedies for Pets*

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### **Fur and Skin**

**HSN-W** is a formula that supplies silica for healthy hair, skin, nails and bones. This formula is also useful to keep your pet's fur and skin in good health. It promotes shiny fur, and can also help maintain healthy bones and teeth.

Other supplements that can promote healthy animal skin and fur include **Herbal Trace Minerals** and **Super Omega-3 EPA**. **Nature's Fresh** can be sprayed on topically to keep fur clean and odor free. It will also help to heal minor injuries.

### **Joints and Bones**

As with older humans, animals suffer from stiff joints. **Chondroitin**, **Glucosamine** and **MSM** are excellent choices to keep

joints lubricated and pain free. **EverFlex** contains all three of these supplements and is very helpful for easing arthritic or muscle pain in people or animals. In addition to **EverFlex**, **KB-C** is helpful for arthritic and structural problems in cats and **Ayurvedic Joint Health** is a good choice for dogs.

**Collatrim** helps build lean muscle, cartilage, tendons, skin and heart muscle tissue. This supplement can help the animal with tissue healing from damage or wear. It is also a good choice for the over weight pet.

Of course, this is just a sampling of the many natural remedies available to keep pets (and their owners) in good health. Remember that it is very important to provide your pet with clean water and nutritious food. Supplements alone, won't do the trick. If you need additional help, talk to the person who gave you this newsletter.