



# Artemesia Combination

## Antiparasitic Formula for Pets and People

Parasites feed on the waste-clogged and undernourished systems that our modern life-styles promote and affect both people and pets alike. The herbs in Artemesia Combination are helpful for getting rid of these unwanted guests. They not only help kill or weaken parasites and expel them from the system, they also help to alter the internal environment of the body to make it less friendly to parasites.

Here is what each of the herbs in this powerful blend does.

### Wormwood and Mugwort

Both of these plants belong to the Artemesia genus and have been used as digestive tonics and anti-parasitic agents. Like many members of this genus, they contain essential oils with monoterpenes, which tend to be antimicrobial and antiparasitic.

Wormwood (*Artemesia absinthium*) is the stronger of the two remedies. It is used in scripture as a symbol for bitterness and its Latin name, *absinthium*, means "without sweetness." Nevertheless, this fragrant and bitter plant is a natural insecticide, insect repellent and vermifuge. Its essential oil contains thujone, a potent substance with some hallucinogenic properties. It may help "numb" worms so they "let go" and can be expelled.

Mugwort has similar properties, but is a milder remedy than other artemesias. Like wormwood, it stimulates digestive secretions and improves digestive function while helping to eliminate intestinal worms.

### Elecampane

Elecampane contains two anti-amoebic compounds (alantolactone and isoalantolactone) and has also been used to help eliminate intestinal worms. Elecampane has also been shown to have antiseptic, antibacterial, antifungal and antiulcer properties. It has been widely used for respiratory problems, gastric complaints and infections. It also contains a high concentration of the polysaccharide inulin, which feeds the friendly bacteria of the colon.

### Spearmint leaf

A soothing herb for the stomach, spearmint relaxes the stomach and stimulates digestive secretions. It is a mild remedy that is often recommended for stomach disorders in children. The Pilgrims valued spearmint as a remedy enough that they brought it with them when they crossed the ocean and settled the New World. Spearmint adds a soothing effect to this otherwise harsh formula.

### Garlic bulb

Garlic has been used throughout history to rid the body of parasites. This use is particularly evident in the herbal lore of India, where it was regularly recommended for the removal of worms. It is most potent when eaten raw, but does have some beneficial effect in powdered form.

Garlic is also a natural antibiotic. In World War I, the British used this herb as a topical antibiotic for battle wounds, where it earned a shining reputation for preventing wounds from becoming infected. In addition, garlic is an excellent tool to use in fighting viral and fungal infections.

### Ginger root

A traditional digestive remedy, ginger is used by herbalists to treat flatulence, colic and diarrhea. Ginger also has some antiparasitic activity, which is why pickled ginger is served with sushi.

### Clove bud

Another herb used for parasite problems, clove, was made popular as an anti-parasitic remedy by Hulda Clark in the book, *The Cure for all Cancers*. While it is useful for all parasites, it is especially good for giardia. Clove also makes a good all-around digestive tonic.

### Usage

For best results take 2 tablets with a meal 3 times a day. Since artemesia is such a strong herb, it should be used for no more than two or three months and should not be used during pregnancy or when nursing. Because it is so strong, this is not a good parasite remedy for young children (under the age of 12). Herbal Pumpkin and black walnut are gentler remedies for children.

This formula can be used for deworming pets such as cats and dogs. It works well when used with black walnut in equal amounts. It is also found in the convenient parasite cleansing program Para-Cleanse.

### Selected References

- The Comprehensive Guide to Nature's Sunshine Products* by Tree of Light Publishing
- The Garden of Life: An Introduction to the Healing Plants of India* by Naveen Patnaik
- The Encyclopedia of Medicinal Plants* by Andrew Chevallier
- Professional Guide to Conditions, Herbs and Supplements* by Integrative Medicine Communications
- PDR for Nutritional Supplements* by Physician's Desk Reference

### For Educational Purposes Only

Seek appropriate professional assistance for all serious health problems. Handout prepared by Tree of Light Publishing  
P.O. Box 911239, St. George, UT 84791 ([www.treelite.com](http://www.treelite.com))  
©2007 May be reproduced provided it is not altered in any way.

Distributed by: